

Zoe Hyde is the founder of Zoe Hyde Transformations and is based in West Gippsland, Victoria.

She is an international author of “Uncage the Lion Within”, podcast host, motivational speaker and transformational mentor.

She truly believes that we all have a lion living inside of us; and it’s often that small voice, that passion, and that drive, that we bury away due to fear or lack of self belief. In order to feel truly happy and fulfilled in our lives, we need to dig deep to open up the cage and trust the calling of our inner lion!

Zoe spent the first 22 years of her life saying “No” to opportunities, lacking clarity, feeling invisible, and as if she would never amount to greatness.

It wasn’t until she found the courage to trust her own inner lion that she truly transformed her life.

In doing so, she stepped into her wisdom, found her life’s purpose, and embraced who she truly was: a strong, extroverted woman who dives head first into the things which light her soul on fire.

She lives by the mantra of “feel the fear and do it anyway”, and hopes to inspire her audiences to find the courage to pursue their dreams and embrace who they truly are, too.

